



Deep Relief Balm

by CEDAR BEAR NATURALES™

Great Tasting 100% Alcohol-Free Liquid Herbal Products

An Icy/Hot Topical Use Herbal and Aromatherapy Essential Oil Muscle Rub

How deep do you need to go to relieve achy, knotted muscles? Formulated at the request of professional practitioners, chiropractors, acupuncturists, and massage therapists, Deep Relief Balm by Cedar Bear Naturales™ is the perfect answer. Now you, too, can have this effective topical use aromatherapy herbal salve to quickly bring relief to aching muscles.

Deep Relief Balm is an herbal ointment made using pure olive oil and high mountain desert beeswax to produce a smooth, healthy base that your skin will love. This special formula has a combination of muscle relaxing and circulation enhancing herbs and healing aromatherapy essential oils that have a subtle icy (menthol) and hot (capsicum, prickly ash bark) property that is perfectly balanced to be gentle as well as effective.

Essential oils are commonly called aromatherapy oils for their ability to effect the limbic system of the brain through the sense of smell. When used topically, the essential oils in Deep Relief deeply permeate tissues and have a direct healing effect on them.

Deep Relief is also a strong healing energy activator and direct aid specifically formulated for temporary relief from joint and muscle aches and pains and for use in first aid situations with bruises, sprains and general sports injuries. The herbs and essential oils used in this topical salve form a unique combination that activates the healing process when used on injured tissues, causing quick circulation stimulation and healing and helps to reduce swelling when rubbed on the distressed area needing attention.

So effective that just a little bit goes a long way, you'll love how Deep Relief quickly soothes pain away, whether you apply it with or without deep rubbing. Deep Relief is also effective for relieving respiratory congestion when applied to the chest.

CONTAINS: Lobelia leaf/stem/flower, capsicum fruit, prickly ash bark, black cohosh root, blue vervain leaf/stem/flower, essential oils of lavender, peppermint, cassia, wintergreen (from birch), eucalyptus, natural menthol crystals, red thyme, and white thyme in an olive oil and beeswax base.

NOTE: The capsicum in this formula will cause a stinging or burning sensation if used on open wounds or burns. Avoid contact with eyes. Persons with capsicum/cayenne sensitivity should use this formula with care.

SUGGESTED USE: Apply to skin as needed.

MORE ABOUT THE HERBS IN THIS FORMULA:

- Lobelia Leaf/stem/flower (*Lobelia inflata*) relaxes and cools surface tissues when used topically.
- Capsicum Fruit (*Capsicum annuum*) [cayenne pepper] is a potent blood circulatory stimulant. When applied topically, this herb is very effective in reducing joint pain, painful muscle spasms, for speeding the healing of bumps, bruises, sprains and strains, and for warming the extremities.
- Prickly Ash Bark (*Zanthoxylum americanum*) stimulates peripheral blood flow, similar to the way capsicum does, and works to enhance oxygenation and detoxification of tissues.
- Black Cohosh Root (*Cimicifuga racemosa*) relaxes smooth muscle spasms and blood circulatory tension, helping to enhance oxygen/CO2 exchange tissue-healing processes.
- Blue Vervain Leaf (*Verbena hastata*) is a profound nervine herb (relaxes nerves) and has a healing action on tissues, especially effective for bruises when used topically.

MORE ABOUT THE AROMATHERAPY ESSENTIAL OILS:

- Lavender Essential Oil: Reduces pain and soothes aching muscles, reduces inflammation. Calms tense nerves.
- Peppermint Essential Oil: Reduces cramps, spasms muscular aches, and stiffness in joints. Soothing and regenerative. High in natural menthol.
- Cassia Essential Oil: Warming and enhances circulation in tissues.
- Wintergreen Essential Oil: Reduces pain and inflammation in muscles and joints, soothes nerves.
- Eucalyptus Essential Oil: Reduces spasms in muscles, antiseptic and decongesting, stimulates healing.
- Menthol: From fresh peppermint, used for centuries for its analgesic action. Stimulates the nerves that sense cold.
- Red Thyme and White Thyme Essential Oils: Effectively help to reduce muscle spasms; antiseptic; calms nerves.

WORKS WELL WITH THESE CBN™ FORMULAS:

TOPICAL USE: *microBURST!*™ Liquid Trace Minerals, Lavender Antiseptical™ Essential Oil Blend.

INTERNAL USE: *microBURST!*™ Liquid Trace Minerals, BTC™ Crisis/Stress Emergency Blend, BTC™ Focus & Calming, Pain Away Willow Plus™, Pain Buster™, Joint Ease.

ITEM: #989-1 oz Jar; #741-2 oz Jar

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