



# Vitality Plus™

by CEDAR BEAR NATURELES®

Great Tasting 100% Alcohol-Free Liquid Herbal Products

## A Ginseng-Based Herbal Formula for Building Energy and Vitality

Ever wonder where your get-up-and-go got-up-and-went? In the hard driving world of today, vitality reserves get literally exhausted. It's rather like a bank account. When there are no reserves to draw against, the account is empty. When our energy and vitality reserves are drawn down, there's nothing left to pull out of our account.

Ancient cultures around the world used herbs to replenish their energy reserves, herbs that Cedar Bear Naturales® has put in this special formula for replenishing our energy reserves today.

Vitality Plus™ is a daily use tonic for strengthening overall energy and vitality reserves that often begin to diminish as we get older. Vitality Plus™ helps to rebuild physical vitality reserves of physical strength, endurance and stamina; mental vitality reserves of mental focus and sustained mental discipline; and emotional vitality reserves of emotional strength, stability, and security.

Ginseng has been revered in the Orient for many centuries for its properties of effectively promoting health and longevity in the mature years. Four different ginseng herbs are used in this formula to take advantage of their vitality-enhancing qualities, as well as adding specific supports to the heart, brain and overall stamina through the other herbs used in this formula. Recover the energy of youth with the added bonus of stamina and wisdom of the ages with Vitality Plus™.

**CONTAINS:** Eleuthero root, elecampane root, ginkgo leaf, fo-ti root, hawthorn berry, schisandra berry, ashwagandha root, rooibos leaf, lycium berry (goji berry/wolfberry), maca root, Asian ginseng root, American ginseng root, and mB!™ Liquid Trace Minerals in a kosher certified vegetable glycerin/purified water Tinctract® base.

**NOTE:** Do not take during pregnancy.

**SUGGESTED USE:** 1/3–1/2 teaspoon (2–2.46 ml) 1 to 3 times a day, or as needed.

### MORE ABOUT THE HERBS IN THIS FORMULA:

- Eleuthero Root (*Eleutherococcus senticosus*) [formerly known as Siberian ginseng] is a general glandular and immune building tonic that invigorates and increases overall endurance and vital life-force energies, especially when fatigue, age, inability to concentrate, and convalescence from illness are involved.

- Elecampane Root (*Inula helenium*) builds pancreatic and liver functions, soothes the stomach, relieves gas, enhances bile production, reduces excess fluids and inflammation in the body.

- Ginkgo Leaf (*Ginkgo biloba*) increases utilization of oxygen in the blood, helps slow the aging process, reduces excess fluids in the brain and the retina of the eyes, improves glucose utilization,

supports the cellular structure of the veins and capillaries, helps to reduce dizziness, ringing in the ears, headaches, and improves concentration and memory.

- Fo-ti Root (*Polygonum multiflorum*) [He Shou Wu] is a rejuvenative herb from China that nourishes the blood, reduces hardening in the circulatory system, balances cholesterol levels, reduces fatigue and weakness, improves overall immune function.

- Hawthorn Berry (*Crataegus laevigata*) tonifies and gives increased elasticity to the heart muscles due to its rich citric-based flavonoid content, improves blood flow in the heart, helps balance blood pressure, and supports overall heart function.

- Schisandra Berry (*Schisandra chinensis*) is a glandular tonic that has antioxidant and non-stimulating immune system building properties. Especially useful for rebuilding health.

- Ashwagandha Root (*Withania somnifera*) is an important rejuvenating and revitalizing herb used in India to strengthen the immune system and overall endocrine system function. A longevity and vitalizing energy herb with similar results as ginseng.

- Rooibos Leaf (*Aspalathus linearis*) is high in vitamin C, organically bound tannins, and mineral salts. It is anti-spasmodic and a digestive tonic that reduces gastric complaints.

- Lycium Berry [Goji Berry/Wolfberry] (*Lycium barbarum*) has high levels of ascorbates and complex citric-based flavonoids, is strongly antioxidant, immune system fortifying.

- Maca Root (*Lepidium mayenil*) is a South American herb used to enhance vitality and sustain waning energy levels in a manner similar to how Asian ginseng is used in the Orient.

- Asian Ginseng Root (*Panax ginseng*) is the original Oriental ginseng and helps boost mental and physical function, moderates the effects of aging and prolonged health problems.

- American Ginseng Root (*Panax quinquefolius*) promotes resistance to and recovery from illness, is a general tonic herb for building energy levels, strengthens overall body functions and vitality, helps to overcome fatigue and debility.

- mB!™ is a proprietary micro-fractionated liquid trace mineral supplement made using the exclusive CBN™ Citritol™ process to enrich and assist important enzymatic processes.

### WORKS WELL WITH THESE CBN™ FORMULAS:

Antioxidant Berries Plus™, Brain Booster™, Calming Chamomile™, Cardio/Heart Smart™, Daily Herbals™ for Your Blood Type, Enviro/Chem Detox™, Goji Plus™ Longevity Formula, Herbal Minerals™, Memory Plus™, microBURST!™.

Item #364 2 oz, #365 4 oz, #366 8 oz

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