



Thyro•Boost™

by CEDAR BEAR NATURELES®

Great Tasting 100% Alcohol-Free Liquid Herbal Products

BOOSTS AND REBUILDS UNDERACTIVE THYROID

The thyroid gland is located at the base of the neck. This important part of the endocrine system influences every organ system and function of the body. The thyroid is also the body's internal thermostat. The hormones it secretes control how quickly the body burns calories and uses energy. When the thyroid becomes underactive and produces too little of the thyroid hormones, metabolism rates and body functions slow down.

Thyroid imbalances occur more often in women than in men, and usually happen between thirty and fifty years of age.

An underactive thyroid can cause many recurring health imbalances, including fatigue, low body temperature, intolerance to cold temperatures, weight gain, difficulty with losing weight, loss of appetite, premenstrual problems, dry and scaly skin, headaches, hair loss, frequent illnesses, poor memory, mood problems, constipation, muscle weakness and stiffness, decreased libido, and respiratory inflammations, among other problems.

In many cases, the thyroid becomes underactive or sluggish in general, (which can be difficult to detect with medical tests) and may respond favorably to nutritional herbal support. You can test for possible low thyroid function by doing a basal thermometer test first thing in the morning three days in a row. Upon waking, before doing anything else, put the thermometer under your armpit. If the average basal temperature is consistently below 97.6 degrees F, or below 98 degrees oral temperature, your thyroid may be underactive. Many times, an underactive thyroid will respond favorably to dietary and lifestyle changes and herbal supplements. If you have a concern over your thyroid function, consult with your primary care provider to rule out more serious problems.

Possible influences to depress thyroid function are stress, environmental pollutants (including chlorine in drinking water), yeast infections, hormones in food, lack of sunshine, and lack of sleep. Women may experience low thyroid function during post pregnancy and peri-menopausal periods, and sometimes when on hormone replacement therapy.

Iodine is extremely important to thyroid function because it is the basic substance of the thyroid hormone, thyroxin. This basic building block is often lacking in today's diets, especially for those that eat primarily processed foods, and when iodized salt intake has been reduced.

Thyro•Boost™ by Cedar Bear Naturales® has been formulated specifically to provide the nutrients needed to help increase thyroid activity when it is functioning below normal levels. This formula activates the thyroid and builds structural integrity, builds up iodine reserves, and is extremely high in a wide variety of mineral salts and vitamins that are necessary for optimal thyroid function.

NOTE: Should not be used by those with overactive thyroid conditions. Not to be taken by those on thyroid or heart medications without physician supervision, or during pregnancy.

CONTAINS: Stinging nettle leaf, horsetail leaf/stem, kelp thallus, bladderwrack thallus, Irish moss thallus, dulse thallus, shepherd's purse leaf/stem/flower, fenugreek seed, black walnut hull, sage leaf, mBI™ Liquid Trace Minerals, and a special Aromaceutical™ Blend in a kosher certified vegetable glycerin/purified water TincTract® base.

SUGGESTED USE: 1/3–1/2 teaspoon (2–2.46 ml) 1 to 3 times daily, or as needed.

MORE ABOUT THE HERBS IN THIS FORMULA:

- Stinging Nettle Leaf (*Urtica dioica*) is one of the richest plant sources of mineral salts and is especially good for developing bones, muscles, nerves and skin.
- Horsetail Leaf/Stem (*Equisetum arvense*) one of the richest sources of silica, builds bones, teeth, nails, hair and skin tone.
- Kelp Thallus (*Laminaria digitata*) Thyroid stimulant. High in iodine, important minerals like calcium, iron, and vitamin C factors; helps to reduce oversized thyroid and lymph nodes.
- Bladderwrack Thallus (*Fucus vesiculosus*) This seaweed is high in iodine and major minerals. A thyroid stimulant, it helps raise metabolic rate and reduces fatigue.
- Irish Moss Thallus (*Chondrus crispus*) Contains major minerals and B vitamins. A seaweed that is nutritive and clears the respiratory system.
- Dulse Thallus (*Pulmaria palmata*) High in iodine, stimulates thyroid function.
- Shepherd's Purse Leaf/Stem/Flower (*Capsella bursa-pastoris*) Excellent cholesterol balancing herb. Stops mild nosebleeds, excessive menstrual flow, diarrhea, reduces water retention.
- Fenugreek Seed (*Trigonella foenum-graecum*) Reduces respiratory and sinus inflammations, balances blood sugar, insulin, cholesterol; supports liver.
- Black Walnut Hull (*Juglans nigra*) A high source of iodine and silica.
- Sage Leaf (*Salvia officinalis*) Highly antiseptic, astringent, anti-inflammatory, antifungal, digestive remedy, reduces sweating.
- mBI™ is a proprietary micro-fractionated liquid trace mineral supplement made using the exclusive CBN™ Citritol™ process to enrich and assist important enzymatic processes.
- Aromaceutical™ Blend: A specially formulated essential oil blend that enhances the actions of the herbs and assists in mineral electrolyte dynamics throughout the body.

WORKS WELL WITH THESE CBN™ FORMULAS:

Adreno•Build™, Antioxidant Berries Plus™, Daily Herbals™ for Your Blood Type, Herbal Iron™, Herbal Minerals™, Female Plus, Glandular Aid™, microBURST!™ Liquid Trace Minerals

Item #352 2 oz; #353 4 oz; #354 8 oz

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