



Prosta•Aid™

by CEDAR BEAR NATURELES®

Great Tasting 100% Alcohol-Free Liquid Herbal Products

NATURAL SUPPORT FOR MEN'S REPRODUCTIVE SYSTEM HEALTH

The prostate is a walnut-sized male sex gland that encircles the urethra, the tube that empties urine from the bladder. As men age, the prostate is the most common site of problems in the male genitourinary system.

Inflammation of the prostate, called prostatitis, is common to men of all ages. Enlarged prostate, called benign prostatic hyperplasia (BPH), occurs in up to half of all men over the age of fifty and seventy-five percent of all men over seventy years old. More serious prostate problems are among the leading causes of death among men.

Our grandmothers used to say "An ounce of prevention is worth a pound of cure". Since the statistics of male prostate problems developing at some time in a man's life are so high, it is important for men to take special care of this gland before problems begin to happen, and to not ignore even early signs of problems. Some of these warning signs can be tenderness and swelling in the prostate area; difficulty, pain, or burning with urinating, and frequent night urination. Prostate swelling can keep the bladder from emptying properly and can cause kidney problems.

Prosta•Aid™ is a nutritional herbal formula that supports healthy prostate tissues and helps prostate function to normalize. This is especially important for men as they reach their 40's (or preventative measures) and beyond.

CONTAINS: Pygeum bark, turmeric root, saw palmetto berry, stinging nettle leaf, hydrangea root, damiana leaf, couchgrass rhizome, tomato fruit, olive leaf, kelp thallus, corn silk, prickly ash bark, and mBI™ Liquid Trace Minerals in a proprietary TincTract® kosher certified vegetable glycerin/water base.

NOTE: This formula is meant for nutritional support of prostate health. For ongoing swelling, tenderness, inflammation, and/or urinary problems, consult a qualified health care professional and get a medical evaluation.

SUGGESTED USE: For preventative measures and maintenance, take 1/3–1/2 tsp (2–2.46 ml) 1 to 3 times a day for 2 or more weeks each month. For more support, double the amount taken.

MORE ABOUT THE HERBS IN THIS FORMULA:

- Pygeum Bark (*Prunus africana*) Anti-inflammatory for the prostate gland. Shown in double-blind studies to help men with inflamed prostate by reducing urinary problems. Reduces the absorption of hormones that stimulate growth of prostate tissues.
- Turmeric Root (*Curcuma longa*) An anti-inflammatory herb from India that has potent antioxidant and free radical scavenging action. Supports cellular health, aids in recovery by stimulating the

immune system's B cells and T cells, helps balance cholesterol levels, improve blood vessel health, supports liver and gallbladder.

- Saw Palmetto Berry (*Serenoa repens*) Has been proven in studies to reduce benign prostate enlargement and urination problems. Reduces hormones that stimulate growth of prostate tissues. Has a distinctive anti-inflammatory action and reduces the accumulation of fluid in prostate tissue. Stimulates muscle growth.

- Stinging Nettle Leaf (*Urtica dioica*) Reduces urinary tract inflammations, high in minerals and vitamins A, B, and C. Slows growth of prostate cells, putting less pressure on the urethra and eases urine flow. Excellent for benign prostate swelling.

- Hydrangea Root (*Hydrangea arborescens*) Increases saw palmetto's action on the prostate. Stimulates the kidneys and acts as a diuretic. Good for bladder, kidney and prostate problems, as well as obesity.

- Damiana Leaf (*Turnera diffusa*) Reduces urinary inflammation, helps balance hormone and glandular functions. Supports blood circulation in the genital area. Often used as an aphrodisiac.

- Couchgrass Rhizome (*Elymus repens*) soothes mucous membranes, has a mild diuretic action.

- Tomato Fruit (*Lycopersicon esculentum*) Rich in the constituent of the same name, lycopene reduces prostate risks. Multiple scientific studies have found that increased lycopene levels in the body reduces risks of cellular problems in the prostate.

- Olive Leaf (*Olea europaea*) Powerful antioxidant action that benefits blood flow and reduces bacterial and viral action.

- Kelp Thallus (*Laminaria digitata*) High in minerals and trace minerals necessary for tissue health, especially potassium salts.

- Corn silk Style/Stigma (*Zea mays*) A diuretic herb that is used for soothing urinary tract and prostate tissues. Encourages urination, replaces potassium levels.

- Prickly Ash Bark (*Zanthoxylum americanum*) A tonic and circulatory stimulant of the lymphatic system that encourages elimination of toxins. Antimicrobial and pain-relieving.

- mBI™ is a proprietary, micro-fractionated liquid trace mineral supplement made using the exclusive CBN™ Citritol™ process to enrich and assist important enzymatic processes.

WORKS WELL WITH THESE CBN™ FORMULAS:

Antioxidant Berries Plus™, Goji Plus™ Longevity Formula, Herbal Minerals™, IFN Factor™, Kidney Calm & Cool™, Lymphati•Cleanse™, Male Plus, Pancre•Aid™, Revive-A-Drive™

Item #626 2 oz; #627 4 oz

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www.cedarbear.com 1 888 85HERBS (1 888 854-3727)

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