



# Mega Cold Plus™

by CEDAR BEAR NATURELES®

Great Tasting 100% Alcohol-Free Liquid Herbal Products

## An Natural Herbal Formula for Reducing Symptoms Fast

Chicken soup wasn't just grandma's idea. Chicken soup has been used as a remedy for the common cold at least since the late twelfth century when it was first written about. So, now you know, grandma really did know best! Herbs have also been used from time immemorial to help clear out sniffles, snuffles and discomforts that happen so often that we call them "the common cold."

Only in recent time has society turned to artificial medicines to get rid of pesky cold problems. Most people don't know that using symptom suppressing over-the-counter remedies, while they may make a cold sufferer feel temporarily more comfortable, can actually lengthen the amount of time the body takes to overcome whatever caused the symptoms in the first place.

Mega Cold Plus™ is the adult's version of our popular Children's Cold Plus™ – only formulated specifically for adults and teenagers. It's based on herbs used by early American settlers and Native American herbalism.

Mega Cold Plus™ works with the metabolism to activate the healing response of the body, increase potassium uptake, assist digestive and liver function and to generally help the body recover from symptoms more quickly. This is an excellent formula for cold symptoms and lingering fevers, the one to take when you want to get better fast!

**CONTAINS:** Peppermint leaf, European elder flower, yarrow flower, lemon balm, ginger root, lavender flower, *mB!*™ Liquid Trace Minerals, and a unique Aromaceutical™ Blend in a kosher certified vegetable glycerin/purified water TincTract® base.

**SUGGESTED USE:** At first sign of cold symptoms, immediately take 1/4–1/3 teaspoon (1.23–2 ml) every 15 to 20 minutes with a glass of water until the crisis passes, then reduce frequency of doses to several times a day until symptoms abate. Or take 1/3–1/2 teaspoon 2 to 4 times a day.

### MORE ABOUT THE HERBS IN THIS FORMULA:

• Peppermint Leaf (*Mentha x piperita*) is a digestive stimulant that helps increase the potassium uptake necessary to counter symptoms, and is a mild tonifying nerve stimulant that activates the healing response of the body.

• European Elder Flower (*Sambucus nigra*) possesses potassium rich organic acid components that cool the liver and moderate gallbladder activity as it works with the other antioxidant and flavonoid rich herbs in this formula to activate healing responses.

• Yarrow Flower (*Achillea millefolium*) contains unique bitter aromatic components that reduce fevers, break up systemic congestion, stimulate the immune system, cleanse the liver and disinfect the upper respiratory tract.

• Lemon Balm Leaf (*Melissa officinalis*) contains aromatic constituents and citric-based flavonoids that target healing in the lungs and liver as it helps reduce fevers, nervousness, insomnia, and chronic bronchial irritation.

• Ginger Root (*Zingiber officinale*) is a digestive stimulant that eases the effects of cold symptoms, gently promotes perspiration and is a gentle internal warming stimulant to the entire body, particularly the stomach.

• Lavender Flower (*Lavandula angustifolia*) contains a high amount of complex calcium salts and is rich in aromatic components that relax and soothe the nervous system, helping the body to recover from symptoms faster and more effectively.

• *mB!*™ is a proprietary, micro-fractionated liquid trace mineral supplement made using the exclusive CBN™ Citritol™ process to enrich and assist important enzymatic processes.

• Aromaceutical™ Blend: Specially formulated to be anti-septic relevant to colds and general sinus and respiratory tract conditions, and for stimulating general immunity.

### WORKS WELL WITH THESE CBN™ FORMULAS:

Antioxidant Berries Plus™, Fever Buster™ Herbal Minerals™, Immune Booster, Liquid Throat Lozenge™, Pain Away Willow™, Sinus Relief™, Super Immune Booster, Wonderful Wild Cherry™ for Wet Coughs, *microBURST!*™, Throat•Stat!™ and Ear•Aid™ Essential Oil Blends.

Item #367 2 oz; #368 4 oz; #369 8 oz

Children's Cold Plus™: #213 2 oz; #214 4 oz; #215 8 oz

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