



# Herbal Minerals™

by CEDAR BEAR NATURALES®

Great Tasting 100% Alcohol-Free Liquid Herbal Products

## Natural Mineral and Calcium Supplementation from a Whole Herb Source

Herbal Minerals™ is the herbal solution by Cedar Bear Naturales® to daily major mineral replenishment and supplementation for people of all ages. This formula is one of the richest herbal sources of easily assimilated major minerals available, especially calcium. It contains the six differing forms of calcium that are essential to overall health, as well as other major and trace minerals necessary for general immunity and vitality.

The best way to get our major minerals is from organically grown and prepared plant foods. Cedar Bear Naturales® unique TincTract® liquid form makes the entire spectrum of the minerals from the herbs bio-available. That means that all of it is absorbed into the body and put to good use.

Midwives across the United States have given Herbal Minerals™ to pregnant women for many years now and have found that it has benefitted many women during pregnancy and birth. It also helps to produce healthier babies.

Herbal Minerals™ (especially when used in conjunction with Cedar Bear Naturales®'s specially formulated liquid trace mineral supplement, *microBURST!*™), helps build and maintain healthy bone structure. This formula also helps build resistance to illness and speed up healing of injuries. Some people have reported that Herbal Minerals™ also helped them reduce overactive behavior and difficulty with sleeping.

The reason that such a wide variety of positive results are being reported is because this nutritional supplement supplies a variety of easily assimilated essential mineral elements, the lack of which effects many body functions. The body then puts these minerals to work where and how it needs them and it simply functions better!

**CONTAINS:** Alfalfa leaf, stinging nettle leaf, oatstraw leaf/stem, horsetail leaf/stem, raspberry leaf, yarrow flower, peppermint leaf, chamomile flower, dill weed leaf/stem and *mB!*™ Liquid Trace Minerals in a kosher certified vegetable glycerin/purified water TincTract® base.

**SUGGESTED USE:** 1/3–1/2 tsp (2–2.46 ml) 1 to 3 times daily, depending on age and size of the person.

### MORE ABOUT THE HERBS IN THIS FORMULA:

- Alfalfa Leaf (*Medicago sativa*) contains more mineral components than any other plant studied and also contains mild blood thinning (cleansing/building) components that enhance oxygen uptake throughout the body.

- Stinging Nettle Leaf (*Urtica dioica*) are one of the richest plant sources of mineral salts and are especially good for developing bones, muscles, nerves and skin (this formula is highly recommended for pregnant mothers, babies, toddlers, and youth during puberty).

- Oatstraw Leaf/Stem (*Avena sativa*) is high in silica and blood and nerve tissue building minerals.

- Horsetail Leaf/Stem [Shavegrass] (*Equisetum arvense*) is one of the richest sources of silica, builds bones, teeth, nails, hair and skin tone.

- Raspberry Leaf (*Rubus idaeus*) is a high source of potassium and magnesium, both of which are essential to soft muscle tone (i.e. respiratory, heart and reproductive systems).

- Yarrow Flower (*Achillea millefolium*) possesses an incredible amount of bitter components that build respiratory strength and cleanse and tonify the liver so it can efficiently process all minerals for the body's use and enhance immunity.

- Peppermint Leaf (*Mentha x piperita*) contains a rich amount of complex potassium salts that help build cellular integrity.

- Chamomile Flower (*Matricaria recutita*) is a rich source of complex calcium salts that also relaxes "uptight" gastric activity.

- Dill Leaf/Stem (*Anethum graveolens*) is a digestive aid that enhances the digestive processes to help make mineral uptake more efficient.

- Peppermint, chamomile and dill weed work in tandem to maintain the stomach's precarious pH buffering system so general nutrient and mineral absorption is timely and thorough.

- *mB!*™ is a proprietary, micro-fractionated liquid trace mineral made using the exclusive CBN™ Citritol™ process to enrich and assist important enzymatic processes.

### WORKS WELL WITH THESE CBN™ FORMULAS:

Herbal Minerals™ works well with all Cedar Bear Naturales® formulas, especially with Daily Herbals™ for Your Blood Type, Antioxidant Berries Plus™, *microBURST!*™.

Item #332 2 oz; #333 4 oz, #334 8 oz

Children: Item #228 2 oz; #229 4 oz; #230 8 oz

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