



# Herbal Blood Cleanser

by CEDAR BEAR NATURALES®

Great Tasting 100% Alcohol-Free Liquid Herbal Products

## An Herbal Blood Purifier that Cleanses The Liver/Gallbladder

Blood cleansers have been a part of all herbal healing traditions since antiquity. Used by men readying for the great hunt or for a spirit journey, and by women for marriage or for getting ready to conceive a child, these purifications were done to make one spiritually clear and physically clean to receive all the blessings of Creator. Later, these cleanses were seen to have benefit when done at certain times of the year (typically mid-fall and early spring) to clear the body of the previous seasons' impurities, as well as for instances of emergency when congestion and prolonged obstructions would not go away with simple dietary remedies.

Today, blood cleansing products and their regimes are done more for support of physical health rather than as a spiritual enhancement. We know that one of the reasons these herbs in certain combinations may have been looked upon as being spiritually enhancing was due to the herbs highly alkalizing nature. As these individuals would fast and use only these herbs during their spiritual cleansing, their bodies would become more and more alkaline, thus throwing their nervous systems into a more 'etheric' state. As the body continued to cleanse and have the impurities removed, taken to an extreme, essential mineral electrolytes could flush from the body, thereby driving the alkaline-forming condition deeper into the body, and hence the psyche, which would become more and more rarified, and so eventually visions, vivid dreams and spiritual phenomenon would result.

Blood cleansing regimes are wonderful ways of reconditioning the liver, conditioning the blood stream, loosening up lymph and bringing a state of overall wellbeing to the body and mind. They should not be done on a longstanding sustained basis, and never during pregnancy, as well as avoided immediately prior to conception.

Herbal Blood Cleanser has a conditioning effect on the blood and gentle cleansing effect on the gallbladder and liver. It helps clear up skin problems that are caused by liver and blood toxicity, especially helpful for skin problems that are common in teen years. This formula is also effective for clearing out digestive distress.

**CONTAINS:** Red clover flower, burdock root, alfalfa leaf, sarsaparilla root, dandelion root, yellow dock root, Oregon grape root, barberry root bark, buckthorn bark, prickly ash bark, cascara sagrada bark and mBI™ Liquid Trace Minerals in a kosher certified glycerin/purified water TincTract® base.

**NOTE:** Those on blood thinning medications should use with caution. Not recommended for use by pregnant or nursing women.

**SUGGESTED USE:** 1/3–1/2 teaspoon (2–2.46 ml) 1 to 3 times a day between meals, or as needed.

**MORE ABOUT THE HERBS IN THIS FORMULA:**

- Red Clover Flower (*Trifolium pratense*). Has blood cleansing/conditioning and diuretic agents. Helps many skin conditions.
- Burdock Root (*Arctium lappa*). Has blood-cleansing agents and helps many toxin caused skin conditions, digestive problems and pains.
- Alfalfa Leaf (*Medicago sativa*). Rich in tissue and blood building minerals and trace elements; alkalizing and detoxifying.
- Sarsaparilla Root (*Smilax aristolochiifolia*). Stimulates digestion, has liver and blood cleansing agents.
- Dandelion Root (*Taraxacum officinale*). A liver cleansing herb that helps reduce joint inflammations, skin conditions, and constipation.
- Yellow Dock Root (*Rumex crispus*). This cleansing, blood conditioning herb is diuretic, laxative, stimulates bile flow and clears toxins.
- Oregon Grape Root (*Mahonia aquifolium*). A cleansing herb that promotes bile flow and is excellent for skin conditions and mucous membranes.
- Barberry Root Bark (*Berberis vulgaris*). Has antiseptic compounds, and liver/blood conditioning agents that stimulates bile flow and reduces liver congestion.
- Buckthorn Bark (*Rhamnus cathartica*). Has liver specific biters that are in the same class of laxative action as cascara, only more sustained and gentle.
- Prickly Ash Bark (*Zanthoxylum americanum*). Contains non-irritating agents that stimulate circulation to the peripheral capillaries.
- Cascara Sagrada Bark (*Frangula purshiana*). A well known laxative herb.
- mBI™ Liquid Trace Minerals: Proprietary micro-fractionated liquid trace mineral supplement made using the exclusive CBN™ Citritol™ process.

**WORKS WELL WITH THESE CBN™ FORMULAS:**

Cholesto•Balance™, Digestive Build, Enviro/Chem Detox™, Essiac Plus™, Healing Mushrooms™, Herbal Minerals™, Herbal Laxative, IFN Factor™, Lively Liver Plus™, Lymphati•Cleanse™, Parasite Cleanse.

Item #662 2 oz; #623 4 oz; #697 8 oz

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