



# Healing Mushrooms™

by CEDAR BEAR NATURALES®

Great Tasting 100% Alcohol-Free Liquid Herbal Products

## Strengthen and Rebuild Immune Function and Increase Energy with Oriental Healing Mushrooms

Medicinal mushrooms have been used effectively for thousands of years in the Orient. Certain mushrooms have been shown to boost heart health, promote healthy cellular function, greatly improve immune function, ward off many acute health challenges, reduce inflammation, support cardiovascular health, balance cholesterol, combat seasonal reactions, help balance blood sugar levels, support the body's detoxification function, benefit the stomach and intestines, help to overcome nutritional deficiencies, rebuild the liver, and promote respiratory health.

This impressive list of benefits is due in part to the high level of a class of constituents called polysaccharides (including beta glucans) that strongly benefit the immune system, blood sugars, and cholesterol levels. These mushrooms are also amphoteric – an action that harmonizes body and organ functions and balances pH levels, brings down excesses and brings up deficiencies; adaptogenic – help the body adapt to stressors, strengthen the body's immune defensive mechanisms, regenerate tissues and fluids, strengthen energy and vitality, reinvigorate and protect health; and antioxidant – protect against harmful free radicals and help increase resistance to acute health challenges.

Only very specific extraction processes are able to extract the active constituents of medicinal mushrooms due to their cellular makeup being composed of the same material as that of a crab's shell, and the proprietary TincTract® process, unique only to Cedar Bear Naturales®, fulfills this essential need. (Recent 3rd party independent laboratory analysis verified that on a gram-per-gram of extracted raw mushrooms basis, our TincTract® process is the most efficient yet analyzed for extracting the active constituents cordycepin, glucans and polysaccharides contained in cordyceps.)

For the first time, the benefits of five different healing mushrooms have been brought together by Cedar Bear Naturales® into one great tasting totally alcohol-free liquid product with active constituents readily available for the body to utilize. Strengthen and increase your health and energy with Healing Mushrooms™.

**CONTAINS:** Cordyceps mycellium, agaricus mushroom, maitake mushroom, reishi mushroom, shiitake mushroom, oyster mushroom, mBI™ Liquid Trace Minerals in a kosher certified vegetable glycerin/purified water TincTract® base.

**NOTE:** If taking blood-thinning medications, use only under doctor's supervision. Those on immuno-suppressing medications should not use this formula.

**SUGGESTED USE:** 1/3–1/2 teaspoon (2–2.46 ml) 1 to 3 times a day, or as needed. Amount taken may be increased when need indicates.

### MORE ABOUT THE HERBS IN THIS FORMULA:

- Cordyceps Mycellium (*Cordyceps sinensis*) Used for nearly

1500 years in Traditional Chinese Medicine, cordyceps works to rebuild liver tissues, boost energy levels, improve athletic performance, support and balance the immune system, benefit the health of the heart and cardiovascular system, improve respiratory and kidney function, and improve sexual function for both men and women.

- Agaricus Mushroom (*Agaricus blazei*) Contains 1,3 and 1,6 beta glucans, and other unique polysaccharides for immune function boosting effects. Moderates and balances blood sugars, cholesterol levels and blood pressures, increases white blood cells, Natural Killer (NK) cells activity, promotes healthy cells. Contains vitamin D2.

- Maitake Mushroom (*Grifola frondosa*) Contains beta glucan polysaccharides that stimulate the body's ability to marshal cellular defenses. Activates macrophages, natural killer cells, T cells, interleukin-1. Favorably effects blood pressure, improves glucose tolerance, activates insulin receptors in insulin targeted cells, helps blood sugar metabolism. Benefits stomach, intestines and aids digestion.

- Reishi Mushroom (*Ganoderma lucidum*) An adaptogen that boosts energy, reduces fatigue, promotes longevity and activates several different phases of immune defense including production of macrophage immune cells and interleukin-2. Contains lentinan, the most powerful natural immune stimulant and restorative known. Natural anti-inflammatory, reduces allergic responses, altitude sickness, bronchial spasms, coughs. Helps balance blood pressure, cholesterol levels, pancreatic function, liver and cardiovascular health.

- Shiitake Mushroom (*Lentinus edodes*) High in lentinan and polysaccharides, activates production of natural interferon and NK cells, strengthens overall health and immune integrity, builds the digestive system, circulatory system and liver. Reduces inflammation, fatigue, and cold symptoms, and has an anti-parasitic action. Contains eritadenine, which encourages the body tissues to absorb cholesterol and lower blood levels of cholesterol.

- Oyster Mushroom (*Pleurotus ostreatus*) Assists the natural immunological function of inhibiting unhealthy cellular growth and aids the body in reducing and balancing cholesterol levels.

- mBI™ is a proprietary micro-fractionated liquid trace mineral supplement made using the exclusive CBN™ Citritol™ process.

### WORKS WELL WITH THESE CBN™ FORMULAS:

Antioxidant Berries Plus™, Cholesto•Balance™, Enviro/Chem Detox™, ESSIAC Plus, Goji Plus™ Longevity, IFN Factor™ (Natural Interferon Support), Immune Booster, Lively Liver Plus™, Super Immune Booster

Item: #750 2 oz; #751 4 oz

### RESOURCES:

Bartram's Encyclopedia of Herbal Medicine, T. Bartram, ©1955, Marlow & Co, NY, Prescription for Herbal Healing, Phyllis Balch, ©2002, Avery Pub, NY  
Cordyceps: China's Healing Mushroom, Georges M. Halpern, MD, PhD  
[www.Healthcastle.com/herb\\_mushroom.shtml](http://www.Healthcastle.com/herb_mushroom.shtml); [www.immunebody.com](http://www.immunebody.com)

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