



# Goji Plus™ Longevity Formula

by CEDAR BEAR NATURELES®

Great Tasting 100% Alcohol-Free Liquid Herbal Products

## BUILDS ENERGY, HEALTH AND IMMUNE SYSTEM WITH HERBS FROM CHINA AND INDIA

The ancient herbalists of China and India were well known for their work with rejuvenation through herbs. These herbs were known for their ability to "turn back the clock" and restore youthful vitality and strengthen health.

Today, this wisdom of the ages can be applied for many purposes and people. Stress, "the silent killer," runs down health on all levels...toxic exposure through chemicals, pollution, and other sources causes debilitation and weakens body and immune functions...increasingly weaker immune systems need strengthening against increasingly stronger pathogenic agents.

Cedar Bear Naturales® has developed an exciting and exotic formula from Indu/Chinese vitality-enhancing herbs to strengthen immune function and rejuvenate exhausted body systems. Goji Plus™ Longevity Formula brings together the antioxidant action of Lycium berry (also known as the goji berry or wolfberry) – a nutritionally complete herb from the Orient with extremely high antioxidant vitamin C factors, ashwagandha – India's rejuvenating ginseng-like herb, bupleurum – China's health balancer, astragalus – China's heavy hitter for immune strengthening, gotu kola – India's tissue healing herb, and fo-ti–well-known in China for its rejuvenative action.

The best benefits from this formula will be gained when used on a regular basis over time as the herbs in this formula work to rebuild, strengthen, and support health and vitality on all levels.

CONTAINS: Lycium berry (goji berry/wolfberry), ashwagandha root, bupleurum root, astragalus root, lemon peel, gotu kola leaf, fo-ti root, and mB!™ Liquid Trace Minerals in a kosher certified vegetable glycerin/purified water TincTract® base.

SUGGESTED USE: 1/3–1/2 teaspoon (2–2.46 ml) 1 to 3 times daily, or as needed.

NOTE: Not recommended during pregnancy.

MORE ABOUT THE HERBS IN THIS FORMULA:

- Lycium Berry [Goji Berry or Wolfberry] (*Lycium barbarum sp.*) Extremely high in antioxidants, polysaccharides, and amino acids. Builds and supports immunity through strengthening the kidneys and liver. Also works on the respiratory and cardiovascular system. So nutritious, this berry is known as a whole food source.

- Ashwagandha Root (*Withania somnifera*). Used in India for more than 2,500 years for its vitalizing, anti-aging qualities, ashwagandha is revered as the "ginseng of India." Adaptogenic, rejuvenating, balancing, and strengthening, this herb calms and rebuilds the nervous system, relieves fatigue, slows the aging process and improves mental function. An excellent herb for body builders and athletes, it reduces weakness and tissue debility for people of all ages. It overcomes exhaustion from stress, overwork, nervous exhaustion and insomnia and rejuvenates the reproductive system in both women and men on all levels while toning the entire hormonal system.

- Bupleurum Root [Chai Hu] (*Bupleurum chinensis*) This herb from China is good for stress conditions, calms nerves, and increases energy levels. It supports and builds liver/gallbladder function, reduces cholesterol levels, and stimulates bile flow. It is high in calcium, magnesium, potassium, and vitamin C.

- Astragalus Root [Huang Qi] (*Astragalus membranaceus*) A very important herb in Chinese medicine to treat the metal element that has to do with immune defense. An overall tonic herb that increases metabolism, stimulates immune system function, aids adrenal gland function, overcomes fatigue, increases vitality, and stamina. Strengthens weak immune system and reduces autoimmune imbalances. Supports heart, lungs and kidneys and helps reduce urinary tract problems. Improves circulation by strengthening heart function and reducing cholesterol plaque. Proven to increase white blood cell activity. Very good for supporting health after chemical exposure and medication treatment. Helps build up natural resistance and increases natural interferon production. High in magnesium, silicon, zinc, iron. Best used long term on a daily basis.

- Lemon Peel (*Citrus x limon*) is cooling, astringent, anti-inflammatory and reduces fatigue. It is used to support the other herbs in this formula.

- Gotu Kola Leaf (*Centella asiatica*) Used for thousands of years in Ayurvedic medicine to revitalize nerves and brain cells, and to heal wounds of many kinds. An Indian proverb translates as "A leaf or two a day will keep old age away." In China, this herb has been used to reduce fevers, heal bones and tissues, and was historically used as a longevity herb. Anti-inflammatory and improves blood flow throughout the body by strengthening the veins and capillaries. Strengthens skin, hair, nails, connective tissues, a restorative tonic for brain and mental activity, has a reputation for improving memory, calm and clarity. An effective tonic for the nervous system and reduces effects of stress and reduces anxiousness. Very high in all major minerals, calcium, iron, B vitamins, vitamin C.

- Fo-ti Root [He Shou Wu] (*Polygonum multiflorum*) A rejuvenative herb from China, named He Shou Wu after a man in the Tang Dynasty whose youthfulness was restored with this herb. Fo-ti is a kidney tonic herb that nourishes the blood, reduces hardening in the circulatory system, and balances cholesterol levels. It reduces fatigue and weakness, improves overall immune function and rejuvenates the reproductive system. Used for early menopause and early graying.

- mB!™ is a proprietary micro-fractionated liquid trace mineral supplement that enriches and assists important enzymatic processes.

WORKS WELL WITH THESE CBN™ FORMULAS:

Adreno•Build™, Antioxidant Berries Plus™, Daily Herbals™ for Your Blood Type, Glandular Aid™, IFN Factor™, Healing Mushrooms™, Herbal Minerals™, microBURST!™.

Item #717 2 oz; #718 4 oz; #719 8 oz

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