



Female Toner

by CEDAR BEAR NATURELES®

Great Tasting 100% Alcohol-Free Liquid Herbal Products

SUPPORTS UTERINE HEALTH FOR PREGNANCY, LABOR, AND POST DELIVERY RECOVERY

Toning of the reproductive system is very important for women during and after pregnancy, and occasionally at other times in a women's life. Pregnant Mothers need to keep and sustain high blood levels of uterine specific minerals that build, strengthen and tone reproductive tissues, and after giving birth, they need support to tone the uterine tissues.

Cedar Bear Naturales® Female Toner is a special formula that contains uterus and capillary-toning herbs that help prepare the uterine and birth canal tissues for an easier labor. Female Toner is a gentle formula that can be used from the middle of the second trimester and throughout the rest of the pregnancy, with continued use during the post-partum period to re-tone the reproductive system and for supporting milk production in nursing mothers.

Female Toner is not only for the mother's health, but for the developing child in her womb, as well. Mineral deficiencies in mothers can not only lead to problems for their own bodies, but the same mineral deficiencies in a developing baby can contribute to a wide range of underdeveloped body systems problems (especially of the brain/nerves and respiratory systems), as well as weakened immune response with resultant allergies and sensitivities.

It is highly recommended to also take Herbal Minerals™, also made by Cedar Bear Naturales® (originally developed for pregnancy support) throughout pregnancy and after delivery to provide other essential minerals and micronutrients vital to healthy pregnancy and healthy babies, and for added support to general recovery of the female reproductive system.

CONTAINS: Raspberry leaf, European elder flower, green tea leaf, butcher's broom root, partridge berry leaf/stem/flower, cramp bark and mB!™ Liquid Trace Mineral base in a kosher certified vegetable glycerin/purified water TincTract® base.

NOTE: Consult with a qualified health practitioner if there is a history of pregnancy problems. For pregnancy, begin use after first trimester.

SUGGESTED USE: 1/3–1/2 teaspoon (2–2.46 ml) 1 to 2 times daily, or as needed.

MORE ABOUT THE HERBS IN THIS FORMULA:

- Raspberry Leaf (*Rubus idaeus*) is the most recommended herb for pregnant women because it works as a uterine toning and building tonic and can be taken throughout pregnancy in small amounts. It supports uterine strength, eases and speeds delivery, enriches milk supply, builds the tissue integrity of the gastrointestinal tract, respiratory tract and cardiovascular system, and helps reduce nausea.

- European Elder Flower (*Sambucus nigra*) cools the liver and moderates gallbladder activity as it works in synergy with the antioxidant and flavonoid rich herbs in this formula. It increases lactation in nursing mothers and helps to keep down excess body fluids.

- Green Tea Leaf (*Camellia sinensis*) contains high amounts of antioxidant flavonoids. This herb helps to reduce diarrhea, stomach problems and vomiting.

- Butcher's Broom Root (*Ruscus aculeatus*) tones and strengthens the veins throughout the body and helps to prevent problems with veins and hemorrhoids as well as muscle cramps and swelling in the legs.

- Partridge Berry Leaf/Stem/Flower (*Mitchella repens*) (formerly known as squaw vine) strengthens the uterus for childbirth, regulates the strength of contractions, helps keep vaginal tissues free of infections, supports the urinary system and reduces morning sickness.

- Cramp Bark (*Viburnum opulus*) is high in vitamin C factors, reduces cramping pains and spasms, soothes nervous symptoms, and is used to reduce menstrual and labor pains.

- mB!™ is a proprietary micro-fractionated liquid trace mineral supplement made using the exclusive CBN™ Citritol™ process to enrich and assist important enzymatic processes.

WORKS WELL WITH THESE CBN™ FORMULAS:

Antioxidant Berries Plus™, Auto-Immune Nectar™, Calming Chamomile™, Female Plus, Glandular Aid™, Herbal Minerals™, Nursing Mother's Support, Stomach Relief, TincTract® of Raspberry Leaf

Item #379 2 oz; #380 4 oz; #381 8 oz

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