



Antioxidant Berries Plus™

by CEDAR BEAR NATURELES®

Great Tasting 100% Alcohol-Free Liquid Herbal Products

Natural Antioxidant Supplementation from a Whole Herb Source

Antioxidant Berries Plus™ is one of the richest herbal sources of easily assimilated antioxidants available, not only because of the wide variety of antioxidant action herbs and fruits used, but also because CBN's unique TincTract® process uses the whole herb parts and suspends them in a liquid form that the body can readily use and take advantage of.

Antioxidants counteract the negative effects of free radicals and help to maintain the health of the body's cellular makeup. Free radicals are highly reactive charged molecules that bind to and destroy vital cellular substances. They steal electrons from stable molecules, which in turn makes them also unstable. The chain reaction damages health and causes physiological damage.

Free radicals come from our environment in the form of fatty diets, smoking, solar radiation, processed foods, and toxins such as herbicides, pesticides, and air pollution. Free radicals are also created within ourselves as a result of the normal oxidation processes in our own body chemistry and metabolism, stress, and even from exercise. The damage done to the body by these renegade radicals is believed to be a major factor in many kinds of health problems.

Antioxidants trap, deactivate and destroy free radicals, preventing the damage they can cause in a process that is called "free radical scavenging." Essentially, antioxidants either react with and eliminate the free radical or donate one of their own electrons to neutralize and create balance. A wide variety of antioxidants are necessary for the body to repair free radical damage to overcome health imbalances and to stay well and maintain youthful health and vitality.

The herbs used in **Antioxidant Berries Plus™** are rich in ascorbates, flavonoids, free radical scavengers and immune building agents, with the added boost of *mB!*™ Liquid Trace Minerals. Together they make a powerful formula for slowing the aging process, building overall health and in helping to overcome immune challenges such as colds and flu.

CONTAINS: European elderberry, lycium berry (goji berry/wolfberry), green tea leaf, rose hip, hawthorn berry, ginkgo leaf, milk thistle seed, schisandra berry, bilberry fruit, sour cherry fruit, hawthorn leaf, European elder flower, French rose flower, and *mB!*™ Liquid Trace Minerals in a kosher certified vegetable glycerin/purified water TincTract® base.

SUGGESTED USE: 1/3–1/2 teaspoon (2–2.46 ml) 1 to 3 times daily, or as needed, depending on age and size of the person. Increase amounts during times of stress or immune challenge.

MORE ABOUT THE HERBS IN THIS FORMULA:

- European Elder Berry (*Sambucus nigra*) is high in potassium and flavonoids, and possesses properties that help immune systems handle a variety of challenges, including environmental pollutants.
- Lycium Berry [Goji Berry/Wolfberry] (*Lycium barbarum*) has the

highest levels of ascorbates and complex flavonoids known, is strongly antioxidant and immune system fortifying. Also good for eye and skin health.

- Green Tea Leaf (*Camellia sinensis*) is a healthy adrenal tonic and contain high amounts of antioxidant flavonoids that tonify the cardiovascular system.

- Rose Hip (*Rosa canina*) is high in bioflavonoids, tonifies the respiratory system and has a mild diuretic action.

- Hawthorn Berry (*Crataegus laevigata*) possesses cardio-tonic flavonoids that aid the antioxidant activity of the other herbs in this formula.

- Ginkgo Leaf (*Ginkgo biloba*) is high in antioxidant flavonoid content that also tonifies and stimulates cerebral/circulatory (brain) activity.

- Milk Thistle Seed (*Silybum marianum*) possesses hepatic healing/restorative qualities and a complex flavonoid that tonifies the liver and its immune responses.

- Schisandra Berry (*Schisandra chinensis*) is a glandular tonic that possesses antioxidant and immune building properties.

- Bilberry Fruit (*Vaccinium myrtillus*) is high in ascorbates and antioxidant flavonoids that have an affinity for the respiratory and urinary systems.

- Sour Cherry Fruit (*Prynus serasus*) is high in potassium and sulfur (as potassium sulfate) and is one of the strongest and gentlest liver cleansing tonics known.

- Hawthorn Leaf (*Crataegus laevigata*) is higher in astringing tonic qualities than hawthorn berry, therefore it fortifies the actions of both hawthorn berry and green tea leaf.

- European Elder Flower (*Sambucus nigra*) possesses components that cool the liver and moderate gallbladder activity as it works in synergy with antioxidant and flavonoid rich herbs in this formula.

- French Rose Flower (*Rosa gallica*) contain relaxing aromatic components and a mild non-specific pain relieving salicin-like agent that relaxes respiratory tightness and the cardiovascular system, and is a synergistic support for all other herbs in this formula.

- *mB!*™ is a proprietary, micro-fractionated liquid trace mineral base made using the exclusive CBN™ Citritol™ process and enriches and assists important enzymatic processes.

WORKS WELL WITH THESE CBN™ FORMULAS:

Daily Herbals™ for Your Blood Type, Herbal Minerals™, *microBURST!*™. Antioxidant Berries Plus™ works well with all CBN™ formulas.

Item #301 2 oz; #302 4 oz; #303 8 oz

Children: Item # 201 2 oz; #202 4 oz; #203 8 oz

Claims and statements herein are for informational purposes only and have not been evaluated by the Food and Drug Administration. These statements and products are not intended to diagnose, treat, cure or prevent any disease.

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