



# Children's Herbal Minerals™

by CEDAR BEAR NATURALES®

Great Tasting 100% Alcohol-Free Liquid Herbal Products

## Natural Mineral Supplementation for Children from a Whole Herb Source

Children's Herbal Minerals™ is a great tasting herbal formula that provides a child with important daily major and trace mineral replenishment and supplementation. Mineral deficiency is at the bottom of many health and behavioral problems that children experience. It takes a wide range of major and trace minerals to build healthy bodies, minerals that aren't readily available in today's foods.

This formula is one of the richest herbal sources of easily assimilated major minerals available. It has all six forms of calcium that are essential to overall health, as well as magnesium, potassium, silicon, manganese and many other additional vitamins and minerals necessary for building and maintaining a child's general immunity and healthy body.

Children's Herbal Minerals™ helps children develop strong teeth and bones and to reduce possible development of structural problems. The minerals in this formula also help build resistance to disease and speed healing of injuries. Some parents have reported that Children's Herbal Minerals™ also helps reduce overactive behavior and difficulty with sleeping. It also works to rebuild and balance the stomach's delicate pH buffering system.

The reason that such a wide variety of positive results are being reported is because this nutritional supplement supplies a wide variety of easily assimilated essential mineral elements, the lack of which effects many body functions. The body then puts these minerals to work where and how it needs them and it simply functions better!

This formula is highly recommended for babies, toddlers, and youth during puberty and may be taken on a regular, daily basis.

**CONTAINS:** Alfalfa leaf, stinging nettle leaf, oatstraw leaf/stem, horsetail leaf/stem, raspberry leaf, yarrow flower, peppermint leaf, chamomile flower, dill weed leaf and *mBI*™ Liquid Trace Minerals in a kosher vegetable glycerin/purified water TincTract® base.

**DIRECTIONS FOR USE:** 1/4–1/3 teaspoon (1.23–2 ml) 1 to 3 times a day with meals. Use only under adult supervision.

### MORE ABOUT THE HERBS IN THIS FORMULA:

- Alfalfa Leaf (*Medicago sativa*) contains more mineral components than any other plant studied. Alfalfa is rich in calcium, magnesium and potassium, as well as vitamins A, D, E,

and K. It also contains mild blood thinning (cleansing/building) components that enhance oxygen uptake throughout the body.

- Stinging Nettle Leaf (*Urtica dioica*) is one of the richest plant sources of mineral salts and is especially good for developing bones, muscles, nerves and skin.

- Oatstraw Leaf/Stem (*Avena sativa*) is high in silica and blood and nerve tissue building minerals.

- Horsetail Leaf/Stem (*Equisetum arvense*) is one of the richest plant sources of silica and is an important builder of bones, teeth, nails, hair and skin tone.

- Raspberry Leaf (*Rubus idaeus*) is a high source of potassium and magnesium, both of which are essential to soft muscle tone of the respiratory system and the heart muscle.

- Yarrow Flower (*Achillea millefolium*) has an incredible amount of bitter components that build respiratory strength and cleanse and tonify the liver so it can efficiently process all minerals for the body's use and enhance immunity.

- Peppermint Leaf (*Mentha piperita*) contains a rich amount of complex potassium salts and builds cellular integrity.

- Chamomile Flower (*Matricaria recutita*) is a rich source of complex calcium salts that also relaxes uptight tummies.

- Dill Weed Leaf (*Anethum graveolens*) is a digestive aid that enhances the digestive processes to help make mineral uptake more efficient.

- Peppermint, chamomile and dill weed work together to maintain the stomach's precarious pH buffering system for general and thorough nutrient and mineral absorption.

- *mBI*™ is a proprietary, micro-fractionated liquid trace mineral made using the exclusive CBN™ Citritol™ process to enrich and assist important enzymatic processes.

Herbal Minerals™ works well with all Cedar Bear Naturales® formulas. May be used with specially formulated liquid trace mineral supplement, *microBURST!*™

Item # 228–2 oz; #229–4 oz; #230–8 oz

Adults/Teens: Item #332–2 oz; #333–4 oz, #334–8 oz

Claims and statements herein are for informational purposes only and have not been evaluated by the Food and Drug Administration. These statements and products are not intended to diagnose, treat, cure or prevent any disease.

Copyright © 2002 CEDAR BEAR NATURALES®

This handout was prepared by CBN and may be copied and reproduced for commercial-free distribution without alteration to content in any manner whatsoever.

www.cedarbear.com 1 888 85HERBS (1 888 854-3727)

Purchase CEDAR BEAR NATURALES® Products From: