



Children's Herbal Iron

by CEDAR BEAR NATURELES®

Great Tasting 100% Alcohol-Free Liquid Herbal Products

BUILDS BLOOD IRON LEVELS WITH NATURE'S OWN BOTANICAL IRON SOURCES

One of the most important functions of iron in a child's body is in the production of hemoglobin and red blood cell oxygenation to move oxygen from the lungs, then throughout the body.

Failure of the red blood cells to provide oxygen efficiently can cause breathlessness, weakness, tiring easily, fatigue, loss of appetite, constipation, headaches, difficulty concentrating, and coldness in feet and hands. Brittle hair, difficulty swallowing, digestive disturbances, dizziness, fragile bones, inflammation of mouth tissues, spoon-shaped nails or nails with lengthwise ridges, nervousness, obesity, pallor, and slowed mental reactions can also be signs of iron deficiency.

Poor digestion and/or absorption, poor utilization, internal bleeding, long-term illness, liver distress, illness, medications and drug use, nutritional deficiencies, vegetarian diets, and hormonal disorders can deplete iron levels. Children with parasitic infections or digestive problems that cause blood loss or malabsorption are also likely to be low in iron reserves. Vitamin B6 and B12 deficiency can underlie iron deficiency.

Since most iron deficiencies are caused by nutritional deficiencies, they can easily be overcome by nutritional supplemental support. Children's Herbal Iron by Cedar Bear Naturales® is an effective iron absorption enhancer that tastes great, is gentle on the stomach, and builds iron levels in the blood. This formula is rich in naturally occurring iron factors and other iron supporting nutritional factors from herbal sources. With high bio-absorption, it is extremely nutrient rich in tissue building mineral electrolytes and helps to improve connective tissue structure, as well as speeding up the healing of wounds.

Children's Herbal Iron aids protein digestion, helps balance blood sugars, helps build health, reduce digestive weakness. High in calcium, iron, other major minerals, B vitamins and vitamin C factors. While burdock, mullein, nettles, beets and watercress are high in iron, the other herbs are high in a broad spectrum of minerals that are necessary for iron absorption, and vitamin C, which enhances absorption of iron.

NOTE: Children on diuretic or kidney medications should consult their physician before using this formula.

CONTAINS: Stinging nettle leaf, beet root, gotu kola leaf/flower, couch grass rhizome, watercress leaf/flower, parsley leaf, yellow dock root, mullein leaf, burdock root, and mB!TM Liquid Trace Minerals in a kosher vegetable glycerin/purified water TincTract® base.

SUGGESTED USE: 1/4–1/3 teaspoon (1.23–2 ml) 1 to 3 times daily, or as needed. Use only under adult supervision.

MORE ABOUT THE HERBS IN THIS FORMULA:

- Stinging Nettle Leaf (*Urtica dioica*) is a rich plant source of mineral salts and are especially good for developing bones, muscles, nerves and skin. Contains calcium, chromium, magnesium, manganese, zinc and iron, among other mineral constituents.

- Beet Root (*Beta vulgaris*) contains an effective protein-digesting enzyme precursor, has a high mineral, especially iron, content, and tonifies the tissues of the digestive system.

- Gotu Kola Leaf/Flower (*Centella asiatica*) improves cellular and connective tissue structure, speeds wound healing. Has magnesium, manganese, thiamin, iron with other mineral compounds, and vitamin A and C.

- Couch Grass Rhizome (*Elymus repens*) soothes mucous membranes, has a mild diuretic action that aids in balancing essential mineral levels to enable better blood oxygenation, which facilitates iron utilization.

- Watercress Leaf/Stem (*Rorippa nasturtium aquaticum*) Contains iron sulfates and other major minerals, vitamins A, B1, B2, C and zinc.

- Parsley Leaf (*Petroselinum crispum*) Supports absorption of nutritional compounds. Contains strong levels of calcium, iron, magnesium, potassium, and high levels of vitamins A and C.

- Yellow Dock Root (*Rumex crispus*) is high in all major minerals, including iron and manganese, vitamins A and C. Helps reduce iron deficiency through its blood conditioning effect.

- Mullein Leaf (*Verbascum thapsus*) Contains high levels of iron, magnesium, phosphorus, and other mineral components as well as vitamins A, C, and B.

- Burdock Root (*Arctium lappa*) is a blood cleansing and building herb that is soothing to the stomach. Especially high in iron with very high levels of most major minerals such as chromium, iron, magnesium, silicon, thiamine and B other vitamins.

- mB!TM, a proprietary, microfractionated liquid trace mineral made using the exclusive CBNTM CitritolTM process.

WORKS WELL WITH THESE CBNTM FORMULAS:

Children's Adreno•BuildTM, Children's Daily HerbsTM Multi, Children's Digestive BuildTM, Children's Enviro/Chem & Vaccine Detox•HTM, Children's Gland•AidTM, Children's Herbal MineralsTM, Essiac PlusTM, Healing MushroomsTM, IFN FactorTM, Thyro•BoostTM, microBURST!TM

Item #695 2 oz; #696 4 oz; #694 8 oz

Adults/Teens: Item #695–2 oz, #696–4 oz, #697–8 oz

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