



Children's Focus•H™

by CEDAR BEAR NATURELES®

Great Tasting 100% Alcohol-Free Liquid Herbal Products

An Herbal Formula that Helps Young Bodies and Minds Focus

More and more of our children are being put on prescription stimulant medications because of their increasing problems with overactive behavior and difficulty with mental focusing on tasks. Teachers and other professionals often put pressure on parents to medicate their overly active children.

These medications for behavioral and focusing problems are simply bandaids for the moment and only mask symptoms temporarily, giving no long-term benefits. But what are the long-term effects of medications? There is evidence that they may cause damage to young kidneys and hearts.

With increasing stresses in working parents' homes, it's easy to give in to pressure to medicate children for behavioral problems. But there are natural alternatives to bring long term relief.

When children are "bouncing off the walls," having a hard time in school, or seem highly distracted, they may need specific nutritional support to bring them to center. Lack of certain nutrients can increase unbalanced emotional and physical behavior, as well as impair everyday brain functions. Also, adrenal imbalances can be a part of overactive behavior, over sensitivity and lack of focus.

Together with a nutritious diet of whole vegetables, fruits, grains and lean meats, plenty of pure water, exercise and fresh air, children (and their parents) can get relief with Children's Focus•H™, which is formulated to help young bodies and minds settle and focus on mental activities and tasks.

Children's Focus•H™ contains herbs that are rich in adrenal balancing components as well as for helping to balance the autonomic nervous system to help young bodies and minds settle and focus on mental activities and tasks. The special combination of herbs in Children's Focus•H™ provides young bodies and minds with necessary minerals and herbal source vitamins that support behavior and mental focus and improves functions such as memory, mental focus, relieves anxiety, calms nerves, and helps rebuild the nervous system. This formula can be taken on a regular daily basis.

CONTAINS: Astragalus root, ginkgo leaf, wood betony leaf/stem/flower, eleuthero root, licorice root, gotu kola leaf/flower, spearmint leaf, English lavender flower, passionflower leaf, mBI™ Liquid Trace Minerals in a kosher vegetable glycerin/purified water TincTract® base.

SUGGESTED USE: 1/4–1/3 teaspoon (1.23–2 ml) 1 to 3 times a day, or as needed. Use only under adult supervision. Use Cedar Bear Naturales® BTC™ Focus & Calming Spray to give even more focusing support.

MORE ABOUT THE HERBS IN THIS FORMULA:

- Astragalus Root (*Astragalus membranaceus*). Contains calcium, phosphorus, sulfur, and complex immune building polysaccharides that helps the immune system to adapt to stress.
- Ginkgo Leaf (*Ginkgo biloba*). Contains non-stimulating oxygen enhancing cardiovascular strengthening flavonoid compounds that enhance oxygenation to the brain and circulatory system for better overall brain function.
- Wood Betony Leaf/Stem/Flower (*Stachys officinalis*) A cooling and calming nervine that strengthens the cerebral circulatory system, and benefits the liver and digestive system.
- Eleuthero Root (*Eleutherococcus senticosus*) [formerly known as Siberian ginseng] Contains complex polysaccharides, hormone precursors and nutritive glandular builders that helps immune system function and calms the nerves.
- Licorice Root (*Glycyrrhiza glabra*). Rich in complex glandular influencing glycosides and complex polysaccharides, works very well with eleuthero root. Helps to balance blood sugar levels and supports adrenal activity.
- Gotu Kola Leaf/Flower (*Centella asiatica*). Possesses non-stimulating cardiovascular toning agents that support and fortify immuno-active glandular responses.
- Spearmint Leaf (*Mentha spicata*). Has magnesium, calcium, phosphorus, aromatic compounds, and a digestive specific nervine bitter to support digestion and calm the nervous system.
- English Lavender Flower (*Lavendula angustifolia*). Contains calcium, magnesium, and cooling nervine aromatic components. Very calming and cooling to the body and emotions.
- Passionflower Leaf (*Passiflora incarnata*). Extremely calming to nerves, promotes sleep; reduces stress reactions.
- mBI™ Liquid Trace Minerals is a proprietary micro-fractionated liquid trace mineral supplement made using the exclusive Cedar Bear Naturales® Citritol™ process.

WORKS WELL WITH THESE CBN™ PRODUCTS:

Antioxidant Berries Plus™, Calming Chamomile™, Daily Herbals™ Multi, Digestive Build™, Gland•Aid™, Herbal Minerals™, Lavender Dreams™, Parasite Cleanse, Sugar Stop™, Tummy Ease™, Enviro/Chem & Vaccine Detox•H™, microBURST!™, BTC™ Focus & Calming™, BTC™ Crisis/Stress Emergency Blend.

Item #222–2 oz; #223–4 oz; #224–8 oz

Adults/Teens: Item #724–2 oz, #725–4 oz, #726–8 oz

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