



Children's Adreno•Build™

by CEDAR BEAR NATURALES®

Great Tasting 100% Alcohol-Free Liquid Herbal Products

Rebalance Energy Levels Through Adrenal Function Support

Even children in today's fast paced and intensely stressed world are experiencing burnout, erratic physical and mental energy levels, moodiness, anxiousness, and recurring tendencies to get sick.

Each of these can be a sign that your child is experiencing a form of adrenal imbalance or adrenal exhaustion.

The adrenal glands are located on top of the kidneys and are at the center of our stress response. They release the hormones adrenaline and noradrenaline into the bloodstream in response to stress, or pressure, of any form. This stems from the body's "fight or flight" response to whatever stresses it, good or bad. The adrenal glands also manufacture aldosterone and cortisol, which help the body deal with stress, maintain blood pressure and help with tissue repair.

Stress can be physical, psychological or mental. When stress is sustained, it affects a child's immune system and the delicate balance of the entire endocrine system. Many of today's children are born with inadequate adrenal strength because their parents were so highly stressed and adrenal exhausted, themselves!

In children, imbalanced adrenal function can cause hyperactive behavior, anxiousness, difficulty with sleeping and focusing on learning tasks, chronic physical, mental and emotional fatigue, raw nerves and anxiousness, and general breakdown of health. Adrenal exhaustion is now so common that most adults and teenagers, and now even young children, suffer from it at one time or another in their lives.

To help avoid adrenal exhaustion and as part of an adrenal recovery program, make sure your child is getting plenty of sleep, eating nutritious foods, (sugar filled and highly processed foods intensify adrenal problems) and exercising regularly to help build and maintain health.

Children's Adreno•Build™ is a natural herbal support that is formulated to help rebuild and balance the adrenal glands and soothe the nervous system. The special combination of herbs in Children's Adreno•Build™ works to improve functions such as memory, mental focus, relieve anxiety, and calm nerves. This formula contains herbs that provide necessary minerals and herbal source vitamins that are rich in adrenal sustaining components, as well as helping to balance the autonomic nervous system.

The adaptogenic herbs (those that help the body adapt to stress) and nervine herbs (those that soothe the nerves) in this formula are very important to helping the adrenal system recover so children can be healthier and calmer in today's stress filled world.

CONTAINS: Astragalus root, wood betony leaf/stem/flower, ginkgo leaf, eleuthero root, gotu kola leaf/flower, licorice root, English lavender flower, spearmint leaf, passionflower leaf, mB!™ Liquid Trace Minerals in a kosher vegetable glycerin/purified water TincTract® base.

SUGGESTED USE: 1/4–1/3 teaspoon (1.23–2 ml) 1 to 3 times a day, or as needed. Use only under adult supervision.

MORE ABOUT THE HERBS IN THIS FORMULA:

- Astragalus Root (*Astragalus membranaceus*). Contains calcium, phosphorus, sulfur, and polysaccharides that help the immune system adapt to stress, overcome fatigue, low vitality, and frequent illnesses.
- Wood Betony Leaf/Stem/Flower (*Stachys officinalis*) One of the most commonly used herb in early European herbalism, this herb is a cooling and calming nervine that strengthens the cerebral circulatory system, and benefits the liver and digestive system.
- Ginkgo Leaf (*Ginkgo biloba*). Contains non-stimulating oxygen enhancing cardiovascular strengthening flavonoid compounds that enhance oxygenation to the brain and circulatory system for better energy levels and overall brain and cardiovascular function.
- Eleuthero Root (*Eleutherococcus senticosus*) Contains complex polysaccharides, hormone precursors and nutritive glandular builders that helps the body adapt to stress, supports and strengthens immune system function, improves concentration, and calms the nerves.
- Gotu Kola Leaf/Flower (*Centella asiatica*). Possesses non-stimulating cardiovascular toning agents that support and fortify immunoreactive glandular responses. It revitalizes nerves and brain cells and strengthens connective tissues.
- Licorice Root (*Glycyrrhiza glabra*). Rich in complex glandular influencing glycosides and complex polysaccharides. Helps balance blood sugar levels, support immune system function, and adrenal activity. Counteracts stress, helps overcome adrenal insufficiencies.
- English Lavender Flower (*Lavandula angustifolia*). Contains calcium, magnesium, cooling nervine aromatic components, and immune enhancing activity. Calms and cools body and emotions.
- Spearmint Leaf (*Mentha spicata*). Has magnesium, calcium, phosphorus, aromatic compounds, and a digestive specific nervine bitter that help support digestion and calm the nervous system.
- Passionflower Leaf (*Passiflora incarnata*). Extremely calming to nerves, promotes sleep; reduces stress reactions.
- mB!™ Liquid Trace Minerals is a proprietary micro-fractionated liquid trace mineral supplement made using the exclusive CBN™ citritol™ process that enriches and assists important enzymatic processes.

WORKS WELL WITH THESE CBN™ PRODUCTS

Children's Antioxidant Berries Plus™, Children's Auto-Immune Nectar™, Children's Daily Herbals™, Children's Gland•Aid™, Children's Herbal Minerals™, Children's Lavender Dreams™, Thyro•Boost™, microBURST!™. See also Flower Essence Blends PLUS™ for emotional/physical balancing.

Item #752–2 oz, #753–4 oz

Adults/Teens Item #621–2 oz, #622–4 oz, #667–8 oz

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